Nutrition Factoring Servings per container Serving size 1 egg (3	
Amount per serving Calories 5	10
% Daily V	alue*
Total Fat 3.5g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 140mg	47%
Sodium 55mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 5g	10%
Vitamin D 1mcg	6%
Calcium 21mg	2% 6%
Iron 1mg Potassium 52mg	2%
Foldssluff Sziffg	Z 70

<sup>\*</sup>The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**SMALL**